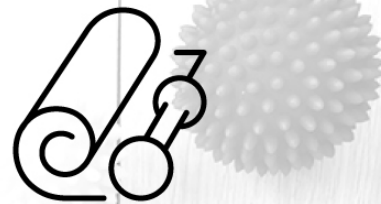


# Must Haves Items for Starting Your

## Home Gym

Yoga mat



Jump rope

Exercise ball



Resistance bands

Weights



Pull-up bar